

| Avaliação para: | Kamae | Tenkan | Tenkan-ho | Ushiro hanten ukemi | Ushiro kaiten ukemi | Mae ukemi | | | | | | |
|-----------------|---|----------|--------------|-----------------------------|---------------------|--|------------------------------------|-------------|-------------|-------------|---------------------------------------|--------------------------|
| 6° kyu | Migui (direita) Hidari (esquerda) | | | Migui Kamae Hidari Kamae | | | | | | | | |
| Avaliação para: | Ikkyo | Nikyo | Sankyo | Yonkyo | Gokyo | Shiho-nage | Irimi-nage | Kote-gaeshi | Kaiten-nage | Tenchi-nage | Jiyuwaza | Kokyu-ho |
| 5° kyu | Shomen-uchi | | | | | Katatedori | Shomen-uchi | | | | | Suvari-waza |
| 4° kyu | Shomen-uchi | Katadori | | | | Yokomen-uchi | Shomen-uchi | | | | | Suvari-waza |
| 3° kyu | Shomen-uchi (suvari-waza e tati-waza) | | | | | Ryotedori Yokomen-uchi | Shomen-uchi Tsuki | | | Ryotedori | | Suvari-waza |
| 2° kyu | Shomen-uchi (suvari-waza e tati-waza) Katadori (suvari-waza e tati-waza) | | | | | Katatedori Ai Hanmi-handachi Gyaku Hanmi-handachi | Shomen-uchi Tsuki Katatedori | | Katatedori | Ryotedori | Katatedori | Suvari-waza |
| 1° kyu | Shomen-uchi (suvari-waza e tati-waza) Yokomen-uchi (suvari-waza e tati-waza) Katadori (suvari-waza e tati-waza) Ushiro Ryotekubidori | | Yokomen-uchi | | | Katatedori Ryotedori Ai Hanmi-handachi Gyaku Hanmi-handachi | Shomen-uchi Tsuki Katatedori | | Katatedori | Ryotedori | Katatedori Ryotedori Morotedori | Suvari-waza Tati-waza |